

Ayurveda Clinic & Spice Spa Facial Treatments

An Ayurveda Facial designed just for you

Ayurveda Clinic Individual Masks with Light Facial Massage

45 mins - £30

Neem Face Mask - If you purchase a jar to use at home it costs £10

This 100% natural face mask is a mixture of highly antiseptic Neem and other exfoliating and soothing herbs. Using this pack once a week will regulate the excess of sebum, reduces oily skin, pimples and blackheads. It also tones and firms up the skin.

Put a teaspoon into a small bowl and mix with a little water or rose water if your skin is oily. Mix with a little milk or soya milk if your skin needs moisturizing. Apply on face with a brush and leave on for 10 minutes. Rinse well. If you have acne, leave on for 15 minutes. The Neem mask can be used on your back to treat pimples and scars, leave on for 30 minutes.

Fuller's Earth Face Mask - If you purchase a jar to use at home it costs £10

Makes an excellent cleansing mask, and possesses highly absorbent qualities. It is rich in minerals and when applied to the skin in the form of a paste, which is ready mixed in our formulas, it helps improve circulation; it will harden on the skin slowly as it dries, and absorbs the dead cells on the top of the skin and dries up any excess oil. The mineral ingredient in fuller's earth gives the absorbent action, is the hydrated aluminum silicate. Grease of the skin, coats the particles of aluminum silicate and is lifted away from the skin when the mask is removed. Do not use it for dry skin but excellent for oily skin.

Cleansing Chamomile Face Mask - If you purchase a jar to use at home it costs £10

Calamine mask is for troublesome skin. It is a soothing cleansing mask to reach for whenever you see feel a spot starting and for sensitive and young skins. Use it to clean and refresh and sooth your face gently. Because it is made from calamine it is a calming cleanser for many skin types. Add rose, tea tree and lavender essential oils as an extra if you want to achieve powerful, skin-calming properties. It does not only deal with spots, it soothes and eases many more skin complaints.

Kaolin Face Mask - If you purchase a jar to use at home it costs £10

One of the oldest cosmetic ingredients, it is used extensively and gets its name from the place where it originated - the Kaoling Hill in the Kiangsi province in China.

This mask has excellent absorbent qualities. The qualities are used to draw out impurities and toxins as they are electromagnetic charged and thereby clear the skin of excess oil, dirt, pollutions and other waste materials. Kaolin is a native hydrated aluminum silicate and is classified as an inorganic. It is used as an absorbent, skin protecting mask.

Ayurveda Active Fruit Enzyme/ Light or Lift Facial Massage

45 mins - £40 or chose the popular - extra massage and time -

Natural Face Lift Massage / 60 mins £50 - If you purchase a jar to use at home it is £12 for Fruit Enzyme Mask

We use pure concentrated fruits to make this fabulous face mask, this mask is about drawing the wonderful potent enzymes from the fruit and refreshing and clearing the skin, as well as tightening the pores, lifting the skin and providing a very deep cleanse. There is only a little massage as this mask is left on the skin and is more about the products getting deep into the pores and really enlivening and rejuvenating the skin. This mask dissolves away dead skin, revealing newer radiant results. The fruits enzymes hydrate and provide antioxidants directly to smooth the skins surface, reducing lines and blemishes. Clients experience excellent results from this facial

Mask with Real Fruit Enzymes – Strawberry

- Cranberry
- Pineapple
- Raspberry

Ayurveda Clinic Rejuvenating Natural Face Lift Massage

50 mins £40 – with oils and products made at our clinic

- You will be amazed after experiencing our Ayurvedic Natural Face Lift Massage, which incorporates ancient techniques and movements that lift the muscles like no other face massage does. This incredibly effective facial massage will help you look and feel younger, in a truly natural way. We use a blend of techniques and ancient experience taken from the wisdom of the Vedic's providing you with a wonderful gentle and extremely relaxing treatment that work on deep tissue tensions. Your face will be toned, tightened and lifted and ready to meet the world with noticeable results. Followed by our exclusive active clinic made products

Ayurveda Clinic Rejuvenating Active Exfoliator & Peel Facial with Fruit Enzyme & Natural Face Lift Massage –the Ultimate

One Hour & 30 mins £65 - If you purchase this product to use at home it costs £12 for a bottle of Exfoliator Peel & £12 for Fruit Enzyme – ask us about purchasing this product

We have combined the Fruit Enzymes and Natural Face lift to bring you the ultimate in face rejuvenation. You may have read about the wonders of Ayurveda marma point massage for firming and lifting the face muscles, you may know about the exceptional attributes of active ingredients like pentapeptides, and you may also know about the rejuvenating qualities of pure fruit enzymes. If you would like to really experience a non cosmetic face lift and skin refining, rejuvenating facial this is the ultimate for you. After a couple of sessions you can move up to stronger strengths and build to our highest strength. Here is what you will experience

- Ayurveda Marma Point Opening Face Massage
- Followed by our exclusive active clinic made products
- Active foaming cleanser to deeply cleanse and fine tune the skin
- Amazing Active Face Exfoliator and Peel
- Mieheli Mask with Real Fruit Enzymes – Strawberry
 - Cranberry
 - Pineapple
 - Raspberry
- Active Lift and primer
- Supreme Anti Age Active Moisturiser
- Glorious Glow Finish

CALL OR EMAIL TO BOOK

Kind regards

Linda

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Simply email or call back to say you would like to book in, with some times that you would prefer. We will email you back with a time and you please MUST confirm it. Please note that your confirmation will be seen as a firm booking and if you cancel within 24 hours of your appointment you will be charged even if you do not attend.